

**Reid Robert Sacco**  
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### **Academic Awards & Achievements**

- High Honor Roll, Lynnfield High School, 1999-2003
- Inductee, National Honor Society (2002)
- National Honor Roll (2002, 2003)
- Princeton Plaque, Princeton Association of New England (June 2002)
- Who's Who Among American High School Students (2001, 2002)
- Who's Who of American Scholars (June 2002)
- Accepted for Admission, Phillips Academy, Andover, Massachusetts (April 2000)
- Accepted for Admission, Phillips Exeter Academy, Exeter, New Hampshire (April 2000)

### **Athletic Awards & Achievements**

#### *Swimming – Reading-Lynnfield High School Swim Team*

- Founded and recruited the team, as a co-operative with Reading's existing team (2000)
- Boston Globe All-Scholastic (2003)
- Third place, State Championships (2003)
- Eleventh place, State Championships (2002)
- First place, Sectional Championships (2003)
- Fifth place, Sectional Championships (2002)
- Sixth place, Sectional Championships (2001)
- Cape Ann League All-Star (2001, 2002, 2003)
- Most Points Scored (2000, 2001, 2002)
- Most Valuable Swimmer (2000, 2001, 2002)
- Swimmer of the Year (2000, 2001, 2003)
- Team Captain (2001, 2002, 2003)
- Team record-holder, 100 yd Breast Stroke (2000, 2001, 2002, 2003)
- Third (team placing), League Meet (2002)

#### *Swimming – YMCA of the North Shore Sharks Division I Swim Team*

- Qualifier, Winter National Championships, Ft. Lauderdale, FL (2003)
- Qualifier, Summer National Championships, University of Maryland (2002, 2003)
- Qualifier, New England Championships (2000, 2001, 2002)
- Sixth place, New England Championships, (2002)
- Thirteenth (team placing) place, National Championships (2002)
- Thirty-seventh place, 100 Meter Breast Stroke, National Championships (2002)

#### *Sailing*

- First place, club, men's division, Smythe/Hartley Lord Regatta (Laser Class) (2001)
- Fourth place, overall, men's division, Smythe/Hartley Lord Regatta (Laser Class) (2002)
- First place, Maine Intramural Racing Club Regatta (420 class) (2002)

#### *Crew – Community Rowing, Newton, MA*

- Participant, 8-man team, Head of the Connecticut Regatta, White River Junction, VT (2001)
- Participant, 8-man team, Textile River Regatta, Lawrence, MA (2000)

### **Community Service Activities**

- Participant, Annual Michael Conlon Memorial Scholarship Swim-a-thon, (1999, 2000, 2001, 2002)
- Tutor, Lynnfield High School, math and English (2002, 2003)
- Tutor, Lynnfield Middle School, math and English (2002)
- Volunteer, Ceremony Band (saxophonist), for Town Memorial Day, Veteran's Day, Commencement, Senior-citizen, and Holiday ceremonies (1999, 2000, 2001, 2002)
- Volunteer, Charles River Clean-up, Earth Day (2001)
- Volunteer, Head of the Charles Regatta committee (2001)
- Volunteer, KBIA (non-profit children's program, Kennebunk, ME), computer programming and program scheduling (July 1999)
- Volunteer, KBIA Benefit 5K Road Race Committee (2000, 2001, 2002)

### **Memberships, Certifications, and Other Activities**

- Class Council Member (September 1999 to present)
- Key Club (September 1999 to present)
- Math Team (September 1999 to present)
- Red Cross Certification, CPR & Life Saving (2000 to present)
- Red Cross Certification, Life Guard (2000 to present)
- Student Council Representative (September 1999 to present)
- Student Newspaper (September 1999 to present)
- Swim instructor, non-profit children's programs at Kennebunk Beach (KBIA) (July 1999)
- Tenor and alto saxophonist, Lynnfield High School Jazz Band (September 1999 to present)
- Tenor and alto saxophonist, Lynnfield High School Orchestra (September 1999 to present)
- Violinist, Symphony by the Sea Youth Orchestra (January 1999 to present)
- Yearbook Staff (2002-2003)

### **Work Experience**

- Phase Forward, Waltham, MA. Summer Intern. Computer Software Technician (clinical trial management software). Summer 2002
- Sailing Instructor, KBIA Children's Program, Kennebunk, ME. 1998-2002 (summers)

### **Test Scores**

SAT I Math (Oct 2002): 800      SAT I English (Oct 2002): 690  
SAT II Writing (June 2002): 660      SAT II Math IIc (June 2002): 680  
SAT II Chemistry (June 2002): 660

**Class Rank:** 6

**GPA:** 4.08

### **Best Swim Times**

100 meter breast: 1:13.4 (1:03.5 converted to yds)  
100 yd breast: 1:02.55  
50 yd breast: 0:28

### A Challenge Overcome

Reid was diagnosed at age four with severe bilateral Legg-Perthes disease, which is responsible for abnormal development of the femoral heads, such that they do not fit normally into the hip sockets. He wore a Scottish-Rite brace day and night (except for bathing and swimming) for two years, splaying his legs into a fixed angle, in the hope of avoiding surgery. Despite the awkward, uncomfortable, and odd-looking brace, Reid continued normal social and physical activity at school and at play.

By the fifth grade, walking with and without the brace had become difficult and painful. He underwent a 14-hour surgery for pelvic and femoral osteotomies to partially repair damage caused by the disease. Reid spent four months in a bodycast, six more months in a wheelchair and crutches, and several more months in physical rehabilitation. Two years after the first surgery, he underwent a second surgery to remove the implanted pins and screws. Reid returned to crutches and rehabilitation to strengthen weakened bone and muscle. Despite the time lost at school, he maintained an all-A record throughout.

Reid returned to swimming after each surgery, shortly after moving from wheelchair to crutches. Swimming helped relieve the persistent back and leg pain that he continued to suffer. He eventually returned to competitive swimming each time. Reid also joined crew and sailing teams to strengthen his back, legs, and arms. In addition to belonging to a YMCA swim team, he started a high school swim team.

Throughout this ordeal, Reid's doctor warned that Reid would unlikely be able to return to competitive swimming, particularly the breaststroke with its unusual leg movement. Among many other achievements and awards in swimming, Reid qualified and competed in the 2002 Junior Summer Nationals (YMCA) swim championship in the 100 meter breaststroke. He recently qualified for, and will be competing this April in, the 2003 Junior Winter National Swim Championships in Ft. Lauderdale.